



THE 12TH ANNUAL WOMEN'S CARDIOVASCULAR HEALTH SYMPOSIUM

MAY 3, 2019

**Prentice Women's Hospital Conference Center
Chicago, Illinois**

SPONSORED BY

The Program for Women's Cardiovascular Health
Bluhm Cardiovascular Institute of Northwestern Memorial Hospital
Northwestern University Feinberg School of Medicine
Office of Continuing Medical Education

THIS ACTIVITY HAS BEEN APPROVED FOR

3.5 AMA PRA CATEGORY
1 CREDITS™

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INTRODUCTION



Hear disease from coronary artery disease is the number one killer of both men and women in the United States. As a result of differences in symptoms and disease presentation between genders, heart disease is often missed in women. Almost half of US women fail to recognize cardiovascular disease (CVD) as their major health problem and thus miss the opportunity to partner with health care providers early to identify and manage risk factors over their lifespan. Women are also at risk for other forms of heart disease such as valvular disorders, heart failure and arrhythmias. The aging woman is also at risk for bone loss and sexual dysfunction.

It is critical for health care providers to identify and appropriately educate their female patients who are at risk for all forms of CVD. However, overall awareness, as well as rapid changes and advances in scientific discovery make the practice of evidence- based medicine challenging for all practitioners.

The Bluhm Cardiovascular Institute's Program for Women's Cardiovascular Health invites you to attend the 12th Annual Women's Cardiovascular Health Symposium. This year's program will address a variety of cardiovascular topics commonly encountered in clinical practice. Key gender specific advances in a variety of areas of CVD, such as coronary artery disease, hypertension, lipid disorders, arrhythmias, hormonal changes and cardiac complications of cancer therapy will be covered. There will be ample time for participant interaction.

We extend a special invitation for cardiologists, primary care providers and OB/GYN physicians to attend this symposium since they can be the first to identify female patients at risk to personally and positively improve their overall health. Women are still less likely to be offered proven therapies for heart disease as compared to men. This troubling statistic is an urgent call to action to change, especially since the lifetime risk of CVD in women approaches.

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PROGRAM INFORMATION

THE 12TH ANNUAL

WOMEN'S CARDIOVASCULAR HEALTH SYMPOSIUM

LEARNING OBJECTIVES

After this activity, participants will be able to:

1. Define, describe and discuss the various imaging tests available to diagnose cardiac disease
2. Summarize the approach to evaluating chest pain in women
3. Identify the indications for diagnostic testing for various cardiac conditions in women
4. Define and then demonstrate the use of risk assessment tools in determining which patients would benefit from drug therapy in ASCVD primary prevention
5. Evaluate the latest recommendations to address menopause, hormones and impact on the development of cardiovascular disease

TARGET AUDIENCE

This CME program has been designed to meet the educational needs of Cardiologists, Internists, Obstetrician-Gynecologists, Hospital Medicine Physicians, Physician Assistants, Nurse Practitioners, Residents and Nurses and any other health care professionals who participate in the care of women across their life span.

CONFERENCE LOCATION

The program will be held at the Prentice Women's Hospital, located Conference Room L South on the third floor at 250 East Superior Street, Chicago, Illinois. Directions and parking information are available at www.nm.org.

Discounted parking is available at the Huron-St. Clair garage, located at 222 East Huron Street or at the Erie-Ontario garage, located at 321 East Erie Street. Please see the registration table for parking validation

ACCREDITATION STATEMENT

Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 3.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OTHER CREDITS

The American Academy of Nurse Practitioners and the American Nurses Credentialing Center accept *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME.

FACULTY DISCLOSURE

Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are able to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern University Feinberg School of Medicine for fair balance. The faculty disclosures will be indicated in the course syllabus.

SPECIAL NEEDS

Northwestern University Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference needs accommodation please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

ADDITIONAL INFORMATION

Contact the Bluhm Cardiovascular Institute by phone at 312-664-3278, email: cvconferences@northwestern.edu, or visit our website at heart.nm.org.

AGENDA/FACULTY

FRIDAY, MAY 3, 2019

- 11:00 am **Patient-Focused Town Hall**
12:00 pm **Registration, Exhibits and Box Lunch**

MANAGING CARDIOVASCULAR DISEASE IN WOMEN

- 1:00 pm **Opening Remarks**
Marla Mendelson, MD
Susan Kim, MD
- 1:15 pm **Cardiac Imaging and Women**
Vera Rigolin, MD
- 1:45 pm **Peripheral Artery Disease in Women**
Mary McDermott, MD
- 2:15 pm **New Guidelines in Cholesterol and How They Impact the Care of Women**
Neil Stone, MD
- 2:45 pm **Heart Failure with Preserved Ejection Fraction in Women**
Sanjiv Shah, MD
- 3:15 pm **Q&A**
Sanjiv Shah, MD
Mary McDermott, MD
Neil Stone, MD
Vera Rigolin, MD
- 3:30 pm **Refreshment Break**

30 MINUTE BREAKOUT SESSIONS

Breakout Session Topics:

Arrhythmias in Women
Susan Kim, MD

Heart Disease in Pregnancy
Marla A. Mendelson, MD

Heart-Mind Connection
Kim L. Feingold, MD, PhD

Menopause in Women
Elena M. Kamel, MD

- 3:45 pm **Session I**
4:15 pm **Transition**
4:30 pm **Session II**
5:00 pm **Wrap Up**

COURSE DIRECTORS

Susan S. Kim, MD
Cardiac Electrophysiologist
Associate Medical Director, Program for Women's Cardiovascular Health
Director, Implantable Electronic Device Clinic and Cardiac Electrophysiology
Bluhm Cardiovascular Institute
Associate Professor of Medicine
Northwestern University
Feinberg School of Medicine

Marla A. Mendelson, MD
Medical Director, Program for Women's Cardiovascular Health
Bluhm Cardiovascular Institute
Associate Professor of Medicine and Pediatrics
Director of Heart Disease and Pregnancy program and the Northwestern Adult Congenital Heart Center
Women's Health Research Institute of Northwestern, co-director
Northwestern University
Feinberg School of Medicine

FACULTY SPEAKERS

Kim L. Feingold, MD, PhD
Director, Cardiac Behavioral Medicine
Bluhm Cardiovascular Institute of Northwestern
Assistant Professor of Surgery and Psychiatry
Northwestern University
Feinberg School of Medicine

Elena M. Kamel, MD
Clinical Associate Professor of Obstetrics and Gynecology
Northwestern University
Feinberg School of Medicine

Mary M. McDermott, MD
Jeremiah Stamler Professor
Departments of Medicine and Preventive Medicine

Vera H. Rigolin, MD
Professor of Medicine, Northwestern University
Feinberg School of Medicine
Medical Director, Echocardiography Laboratory, Northwestern Memorial Hospital
Past-President, American Society of Echocardiography

Sanjiv J. Shah, MD, FAHA, FACC, FASE
Stone Endowed Professor of Medicine
Director, T1 Center for Cardiovascular Therapeutics
Director, Northwestern HFpEF Program
Division of Cardiology, Department of Medicine
Northwestern University
Feinberg School of Medicine

Neil J. Stone, MD, MACP, FAHA, FACC
Bonow Professor of Medicine
Feinberg School of Medicine
Suzanne and Milton Davidson Distinguished Physician and Medical Doctor
Bluhm Cardiovascular Institute
Northwestern University
Feinberg School of Medicine


REGISTRATION


THE 12TH ANNUAL

WOMEN'S CARDIOVASCULAR HEALTH SYMPOSIUM

MAY 3, 2019 | PRENTICE WOMEN'S HOSPITAL CONFERENCE CENTER | CHICAGO, ILLINOIS

HOW TO REGISTER

 **ONLINE** - Please visit
cme.northwestern.edu/conferences

 **MAIL** - Mail the registration form
with a check made payable to
Northwestern University
ATTN: Women's Cardiovascular
CME Symposium
676 North St. Clair Street, Suite 2330
Chicago, Illinois, 60611

REGISTRATION FEE

Physicians - \$150

Industry - \$150

Residents, Fellows,
Physician Assistants,
Techs and Nurses - \$125

CANCELLATION POLICY

Cancellations must be made in writing via email
to the Office of CME cme@northwestern.edu. The
paid registration fee, minus a \$50 administrative
charge, will be refunded. No refunds will be
granted after **April 15, 2019**.

QUESTIONS

Questions regarding registration should be
directed to the BCVI at 312.694.1697, or by
email at cvconferences@northwestern.edu.
Registrations will not be accepted by telephone.

PLEASE TYPE OR PRINT

Last Name _____ First Name _____

☐ MD ☐ DO ☐ PhD ☐ RN ☐ Other (please specify) _____

Institution _____

Address _____

City _____ State _____ ZIP Code _____

Daytime Phone _____ Fax _____

E-mail (Required) _____

Your registration confirmation will be e-mailed

Specialty _____

 Please indicate any special needs _____

Please indicate any dietary needs _____

REGISTER TODAY! www.cme.northwestern.edu



676 North St. Clair Street
Suite 2330
Chicago, Illinois, 60611



SAVE THE DATE!

Nutrition Science: From Population to Plates

May 5, 2019 | Chicago, Illinois

8th Annual Chicago Cardiovascular Update

July 18-20, 2019 | Chicago, Illinois

4th Annual Advances in Pulmonary Hypertension

August 2, 2019 | Chicago, Illinois

(New!) Cast for A-Fib Symposium

August 16-17, 2019 | Chicago, Illinois

Cardiothoracic Nursing Symposium

September 5-6, 2019 | Chicago, Illinois

41st Annual Echo Northwestern

September 20-22, 2019 | Chicago, Illinois

(New!) Heart Team Summit

October 18-19, 2019 | Chicago, Illinois

15th Annual Heart Failure Holiday Symposium

December 6-7, 2019 | Chicago, Illinois

Northwestern Snowbirds:

Hot Topics in Cardiovascular Medicine

April 2-4, 2020 | Bonita Springs, Florida

Northwestern Medicine® is the shared vision that joins Northwestern Memorial HealthCare and Northwestern University Feinberg School of Medicine in a collaborative effort to transform medicine through quality healthcare, academic excellence, and scientific discovery.

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